

POST ANESTHESIA INSTRUCTIONS

1. During your surgery, you will be given an anesthetic to make you comfortable and free of pain. This will be administered by a fully-trained **physician (M.D.) anesthesiologist**.
2. You are required to have a responsible person transport you from the doctor's office after surgery and someone must stay with you for the next 24 to 48 hours.
3. You may be unaware of the effects of the anesthetic for 24 to 48 hours, even though you may think you feel fine.
4. During this time, you should not engage in any activity that could be harmful to yourself or others, such as driving, smoking in bed, or using power equipment.
5. You should exercise caution and seek assistance when engaging in activities such as walking, climbing stairs, or going to the bathroom. A responsible person should be readily available to assist you with your needs.
6. You should eat only very light, easily digested foods and liquids for the next 24 hours.