

# ELLE

HOW YOU CAN REALLY CHANGE YOUR BODY

PENÉLOPE CRUZ ON DAMON VS. DEPP

FALL'S NEW MIX: VINTAGE & CLASSICS

# FASHION & FITNESS

READY FOR ACTION: SPORTS STARS' SEXY STYLE

SCANDAL CITY: INSIDE A RAPE COVER-UP

## 5 Got Botox?

If migraine sufferers have ever felt like taking a shot to the head, they may want to consider Botox. The wrinkle-reducing treatment is said to deliver immediate and long-term relief when injected into various parts of the forehead, according to Los Angeles plastic and reconstructive surgeon William Binder, MD.



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